



Meet Michelle Dittmer, President & Co-founder

As a former high school teacher, Michelle Dittmer understands experiential learning and its importance in shaping resilient young people that are ready for modern challenges.

Before launching the Canadian Gap Year Association, Michelle worked for 10+ years in Educational Travel and Service Learning and in classrooms from grades 4 through college.

As an accomplished educator and speaker, Michelle is the leading expert on all things Gap Year. Bringing knowledge, experience and excitement while leading the Gap Year Movement in Canada.



Our mission is to raise the profile of gap years for every graduate.





What is a gap year?

A gap year is a period of time away from formal education to pursue personal growth through a combination of work, volunteering, travel and learning.

Traditionally it happens between high school and post-secondary but can happen at anytime in education or career.

About the Association

CanGap is a non-profit that helps students and families decide whether a year away from school is the right fit and provides them the tools and support to make it happen. Formerly mygapyear.ca

Michelle is available to speak to the media about:

- Gap Years for Canadians
- Gap Year Trends and Research
- Experiential Learning
- Post-Secondary Transitions
- Societal Culture Shift
- Non-profit management



Other Media Features:



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Featured Presenter:

